

REFRESHER REQUIREMENTS

You may complete state or CECBEMS (F1, F2, F3*, F5) approved continuing education equivalent to a Refresher Course if one is not required by your state. You may count education received in lectures, standardized courses (such as ABLS, ACLS, EMPACT, PEPP, PALS, PHTLS, ITLS, etc.), college courses, in-service training, case reviews, conferences, etc.

You must ensure that you cover every topic within the four divisions of the mandatory core content. You must also cover each of the five divisions of the flexible core content; however, you are not required to cover each topic within the flexible core content.

*** Up to 10 hours may be completed through Distributive Education (online, CECBEMS F3 video, magazine-based).**

MANDATORY CORE CONTENT

Airway, Breathing and Cardiology

- 8 hours**
- Provide ventilatory support for a patient
 - Attempt to resuscitate a patient in cardiac arrest
 - Provide care to a patient who is experiencing cardiovascular compromise
 - Provide post-resuscitation care for a cardiac arrest patient

Medical Emergencies

- 3 hours**
- Assess and provide care to a patient who is experiencing an allergic reaction
 - Assess and provide care to a patient who has a possible overdose
 - Assess and provide care to a drowning patient

Trauma

- 5 hours**
- Perform a primary survey
 - Assess a patient who has a head injury
 - Assess and provide care to a patient who has a suspected spinal injury
 - Provide care to a patient who has a chest injury
 - Provide care to a patient who has an open abdominal injury
 - Provide care to a patient who has shock/hypoperfusion

Obstetrics and Pediatrics

- 8 hours**
- Assess and provide care to an infant or child in cardiac arrest
 - Assess and provide care to an infant or child who has respiratory distress
 - Assess and provide care to an infant or child who has shock/hypoperfusion
 - Assess and provide care to an infant or child who has trauma

24 hours

National Registry of Emergency Medical Technicians®
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FLEXIBLE CORE CONTENT

Airway, Breathing and Cardiology

- 8 hours**
- Assess and provide care for an adult patient who has respiratory distress
 - Use oxygen delivery system components
 - Perform techniques to ensure a patent airway
 - Assess and provide care to a patient who is experiencing non-traumatic chest pain/discomfort

Medical Emergencies

- 5 hours**
- Assess and provide care to a patient who has altered mental status
 - Assess and provide care to a patient who has a history of diabetes
 - Assess and provide care to a patient who is experiencing a seizure
 - Assess and provide care to a patient who was exposed to heat or cold
 - Assess and provide care to a patient who is experiencing a behavioral problem
 - Assess and provide care to a patient who has a suspected communicable disease

Trauma

- 1 hour**
- Provide care to a patient who has a painful, swollen, deformed extremity
 - Assess and provide care to a patient who has a burn injury

Obstetrics and Pediatrics

- 8 hours**
- Assess and provide care to an infant or child who has suspected non-accidental trauma or neglect
 - Assess and provide care to an infant or child who has a fever
 - Assess and provide care to an obstetric patient
 - Provide care to a newborn
 - Provide care to a mother immediately following delivery of a newborn

Operational Tasks

- 2 hours**
- Use body mechanics when lifting and moving a patient
 - Communicate with a patient while providing care

24 hours



Nationally Registered
PARAMEDIC (NRP)

HOW TO MAINTAIN YOUR
NATIONAL EMS CERTIFICATION

2015-2016 Recertification Requirements

National Registry of
Emergency Medical Technicians®
THE NATION'S EMS CERTIFICATION®



PARAMEDIC (NRP) RECERTIFICATION REQUIREMENTS

Thank you for your commitment to recertification. National EMS Certification gives you recognized credibility across the nation and demonstrates your desire to serve the public with the highest standards. Your certification will continue to serve you well during the course of your EMS career.

To Apply for Recertification You Must:

- Be actively using your Paramedic skills within a patient care setting.
- NOTE:** If you are not currently using your Paramedic skills in a patient care setting, but meet all other recertification requirements, you may request [Inactive Status](#). For more information, please review the [Inactive Status Policy](#).
- Demonstrate continued cognitive competency by:
 - Recertification by Examination
 - or
 - Documentation of Continuing Education
 - Maintain skills as verified by your physician Medical Director (requires a signature or electronic signature on your recertification application validating competency of skills).
 - Have a BLS-CPR for the Healthcare Provider or equivalent credential that is current on March 31, 2016. For paper applications, verification may be in the form of an instructor's signature on the recertification application or a copy of both sides of the card.
 - Have an ACLS credential that is current on March 31, 2016. Verification must include a copy of both sides of the card or a statement of equivalent competency per affirmation of the Medical Director.
 - Successfully complete a state-approved EMT-Paramedic to Paramedic transition course by March 31, 2016.
 - Submit your completed recertification application by March 31, 2016.

EMT-P to Paramedic Transition

Please note if you are an EMT-P due to expire in 2016, this is your last year to complete the transition to Paramedic. You may either take a state-approved transition course or use the recertification by exam option to fulfill the EMT-P to Paramedic transition requirements. Upon approval of your recertification application, if you have not completed the transition requirement by March 31, 2016, you will receive an AEMT certification card after April 1, 2016.

Demonstration of Cognitive Competency Options(2)

- Recertification by Examination**
- OR**
- Documentation of Continuing Education**
- Electronically: login to your NREMT account and fill out your electronic recertification application
- OR**
- Paper: print a recertification form from the NREMT website and mail it to the NREMT. *Effective 10/1/15: all paper recertification applications will require an additional \$5.00 paper processing fee in addition to your \$20.00 recertification fee.*

Recertification by Examination Option

This option enables you to demonstrate continued cognitive competency without documenting continuing education.

- Login to your NREMT account. Complete a recertification by examination application and pay the exam fee. **NOTE:** Be sure you complete the recertification application and **not** the initial entry application. After 24-48 hours, login to your NREMT account and print your Authorization to Test (ATT) letter. Follow the directions in the letter to schedule your exam.
- You may make one attempt to take and pass the exam between **October 1 and March 31, 2016**. A cognitive competency by exam form will become available through your NREMT account upon successful completion of the exam.
- Return your completed cognitive competency by exam form by **March 31, 2016** with signatures and supporting documentation.

All other recertification requirements (including criminal conviction statement, BLS-CPR for the Healthcare Provider or equivalent credential, ACLS, verification of skills, etc.) must still be met and verified.

Continuing Education Option

- Complete a total of 72 hours of continuing education including:
 - A state or CECBEMS (F1, F2, F3*, F5) approved 48 hour Paramedic refresher or equivalent state or CECBEMS approved continuing education.
 - 24 hours of additional state or CECBEMS (F1, F2, F3*, F5) approved EMS-related continuing education.
- Pay the \$20 (US funds only) non-refundable processing fee at the time of submission of application. *Effective 10/1/15: all paper recertification applications will require an additional \$5.00 paper processing fee in addition to your recertification fee.*

All continuing education hours, to include the refresher, must be completed within the current certification cycle. Education completed during your previous certification cycle will NOT be accepted. If this is your first time to recertify, only education completed after the date you became nationally certified will be accepted.

**See chart on page 1 of this brochure for detailed continuing education requirements and allowances regarding distributive education.*

Reinstatement

If you fail to submit your application by March 31, 2016, and all education requirements have been completed, you may seek reinstatement of your National EMS Certification until April 30, 2016 for a \$50 reinstatement fee in addition to your \$20 processing fee (\$70 total). Effective 10/1/15: all paper recertification applications will require an additional \$5.00 paper processing fee in addition to your recertification and reinstatement fees.

Lapsed Certification

If your National Certification lapsed, please review the [Lapsed Certification & Re-Entry Policies](#).

Terms of Recertification

In applying for recertification registrants agree to comply with all recertification requirements, rules and standards of the NREMT. The registrant bears the burden of demonstrating and maintaining compliance at all times. The NREMT considers individuals to be solely responsible for their certification.

Individuals must notify the NREMT within 30 days of change of mailing address. Change of mailing address can be made via our website: www.nremt.org

Individuals must notify the NREMT within 30 days of any criminal arrests.

Individuals must notify the NREMT within 30 days of any disciplinary action taken by any state that has resulted in the following:

- Suspension, revocation or probation of state license or certification
- Voluntary surrender of state license or certification while under investigation.

Requirements	NOTE: A total of 72 hours of continuing education is required to recertify.	
1. Refresher (48 hours)	The Paramedic refresher course can be completed through two different options: (1) Traditional refresher course* Completion of a state or CECBEMS (F1, F2, F3*, F5) approved 48 hour Paramedic refresher course.	(2) Continuing education topic hours** The Paramedic refresher may be completed by state or CECBEMS (F1, F2, F3*, F5) approved continuing education and must include both mandatory and flexible content.* <p style="text-align: center;">See the reverse side of this brochure for more information.</p> <p><i>*A maximum of 10 hours can be applied from Distributive Education (online, CECBEMS F3, video, or magazine-based) towards this section and must be state or CECBEMS approved.</i></p> <p><i>**Some states require the traditional refresher course and will not accept continuing education hours. Please refer to your state's particular requirements.</i></p>
2. Additional EMS-Related Continuing Education (24 hours)	All additional EMS-related continuing education must be state or CECBEMS (F1, F2, F3†, F5) approved.† The following are maximum hours per course that can be applied towards Additional Continuing Education: <ul style="list-style-type: none"> • A maximum of 12 hours can be applied from any one topic area • Hour-for-hour credit can be applied for standardized courses (including, but not limited to, ABLs, ACLS, AMLS, EMPACT, EPC, ITLS, PHTLS, PALS, PEPP, etc.) 	<ul style="list-style-type: none"> • A maximum of 12 hours can be applied from each of the following courses: Teaching CPR - Emergency Driving - Dispatch Training • Credit can be applied for college courses that relate to your role as an EMS professional (1 college credit = 8 hours of continuing education, not to exceed 12 hours per topic). For example, but not limited to anatomy, physiology, biology, chemistry, pharmacology, psychology, sociology, etc. <p>† A maximum of 12 hours can be applied from Distributive Education (online, CECBEMS F3, video, or magazine-based)</p>
3. CPR Certification	Submission of a BLS-CPR for Healthcare Provider or equivalent credential that is current on March 31, 2016.	
4. ACLS or Equivalent	Submission of a current ACLS credential that is current on March 31, 2016. Verification must include a copy of both sides of the card or a statement of equivalent competency per affirmation of the Medical Director.	

To obtain locations for continuing education, contact your state EMS office or local EMS training center.

Hours from the following courses can be applied hour for hour with no maximum: ATLS, EMS Course Instruction, and Wilderness EMS	Courses that cannot be applied towards continuing education include: Clinical rotations, BLS-CPR, Emergency Medical Responder, instructor courses, management/leadership courses, performance of duty, preceptor hours, serving as a skill examiner, and volunteer time with agencies
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