## Paramedic National Continued Competency Program (NCCP)

Note: A total of 60 hours of continuing education is required to recertify.

### National Continued Competency Requirements (NCCR) - 30 hours**

<table>
<thead>
<tr>
<th>Area</th>
<th>Hours</th>
<th>Topic Breakdown</th>
</tr>
</thead>
<tbody>
<tr>
<td>Airway, Respiration, &amp; Ventilation</td>
<td>4</td>
<td>Ventilation [2 hrs], Capnography [1 hr], Advanced Airway Management in the Perfusing Patient [1 hr]</td>
</tr>
<tr>
<td>Cardiovascular</td>
<td>10</td>
<td>Post-Resuscitation Care [2 hrs], Ventricular Assist Devices [0.5 hrs], Stroke [1.5 hrs], Cardiac Arrest [2 hrs], Congestive Heart Failure [0.5 hrs], Pediatric Cardiac Arrest [2.5 hrs], ACS [1 hr]</td>
</tr>
<tr>
<td>Trauma</td>
<td>4</td>
<td>CNS Injury [2 hrs], Tourniquets [0.5 hrs], Field Triage [1 hr], Fluid Resuscitation [0.5 hrs]</td>
</tr>
<tr>
<td>Medical</td>
<td>7</td>
<td>Special Healthcare Needs [2 hrs], OB Emergency [1 hr], Communicable Diseases [1 hr], Medication Delivery [1 hr], Pain Management [1 hr], Psychiatric Emergencies [1 hr]</td>
</tr>
<tr>
<td>Operations</td>
<td>5</td>
<td>At-Risk Populations [1 hr], Pediatric Transport [0.5 hrs], Culture of Safety [0.5 hrs], Affective Characteristics [1 hr], Crew Resource Management [1 hr], Role of Research [1 hr]</td>
</tr>
</tbody>
</table>

### Local Continued Competency Requirements (LCCR) - 15 hours**

These requirements are developed at the local EMS level and may be specified by your State EMS Office, EMS region directors (if applicable), or agency level administrators (for example Training Officers and Medical Directors). If not specified, you may use any additional state or CECBEMS-approved EMS–related education towards these requirements.

### Individual Continued Competency Requirements (ICCR) - 15 hours**

You may use any additional state or CECBEMS-approved EMS–related education towards these requirements.

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**Maximum Distributive Education (DE) Allowances:**

Distributive Education (DE) is any instruction method where the student does not have access to an instructor in real time. Examples include: online courses, video reviews, and journal article reviews. Note: CECBEMS uses the F3 designation for distributive education. Other CECBEMS designations F1 (one-time events), F2 (multiple-event activities), and F5 (Virtual Instructor Led Training-VILT) are not classified as distributive education and can be counted as instructor based training.

<table>
<thead>
<tr>
<th>Requirements</th>
<th>Allowance</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Continued Competency Requirements</td>
<td>10 One-third or 10 of the DE hours may be used towards your NCCR.</td>
</tr>
<tr>
<td>Local Continued Competency Requirements</td>
<td>10 Two-thirds or 10 of the DE hours may be used towards your LCCR.</td>
</tr>
<tr>
<td>Individual Continued Competency Requirements</td>
<td>15 Three-thirds or 15 of the DE hours may be used towards your ICCR.</td>
</tr>
</tbody>
</table>
NCCP Recertification Requirements

To Apply for Recertification You Must:

1. Be actively using your Paramedic skills within a patient care setting.
   NOTE: If you are not currently using your Paramedic skills in a patient care setting, BUT meet all other recertification requirements, you may request Inactive Status. For more information, please review the Inactive Status Policy

2. Demonstrate continued cognitive competency by:
   - Recertification by Examination
   - Documentation of Continuing Education

3. Maintain skills as verified by your physician Medical Director (requires a signature or electronic signature on your recertification application validating competency of skills).

4. Submit your completed recertification application completed recertification application prior to March 31, 2016.

Demonstration of Cognitive Competency Options(2)

1. Recertification by Examination
   - OR -

2. Documentation of Continuing Education

1. Recertification by Examination Option
   This option enables you to demonstrate continued cognitive competency without documenting continuing education.
   - Login to your NREMT account. Complete a recertification by examination application and pay the exam fee. NOTE: Be sure you complete the recertification application and not the initial entry application. After 24-48 hours, login to your NREMT account and print your Authorization to Test (ATT) letter. Follow the directions in the letter to schedule your exam.
   - You may make one attempt to take and pass the exam between October 1 and March 31, 2016. An cognitive competency by exam form will become available through your NREMT account upon successful completion of the exam.
   - Return your completed cognitive competency by exam form by March 31, 2016 with signatures and supporting documentation.

   All other recertification requirements (including criminal conviction statement, verification of skills, etc.) must still be met and verified.

2. Continuing Education Option*
   - Complete a total of 60 hours of continuing education including:
     - A state or CECBEMS (F1, F2, F3**, F5) approved 30 hour Paramedic National Continued Competency Requirements course or equivalent state or CECBEMS approved continuing education.
     - 15 hours of Local Continued Competency Requirements (LCCR) additional state or CECBEMS (F1, F2, F3*, F5) approved EMS-related continuing education
     - 15 hours of Individual Continued Competency Requirements (ICCR). Must be state or CECBEMS (F1, F2, F3*, F5) approved EMS-related continuing education.
   - Login to your NREMT account and fill out your electronic recertification application.
   - Pay the $20 (US funds only) non-refundable recertification fee at the time of submission of application. Effective 10/1/15: all paper recertification applications will require an additional $5.00 paper processing fee in addition to your recertification fee.

   All continuing education hours, to include the NCCR component, must be completed within the current certification cycle. Education completed during your previous certification cycle will NOT be accepted. If this is your first time to recertify, only education completed after the date you became nationally certified will be accepted.

   *See chart on page 1 of this brochure for detailed continuing education requirements and allowances regarding distributive education.

Reinstatement

If you fail to submit your application by March 31, 2016, and all education requirements have been completed, you may seek reinstatement of your National EMS Certification until April 30, 2016 for a $50 reinstatement fee in addition to your $20 processing fee ($70 total). Effective 10/1/15: all paper recertification applications will require an additional $5.00 paper processing fee in addition to your recertification and reinstatement fees.

Lapsed Certification

If your National Certification lapsed, please review the Lapsed Certification & Re-Entry Policies.

Terms of Recertification

In applying for recertification registrants agree to comply with all recertification requirements, rules and standards of the NREMT. The registrant bears the burden of demonstrating and maintaining compliance at all times. The NREMT considers individuals to be solely responsible for their certification.

Individuals must notify the NREMT within 30 days to the change of mailing address. Change of mailing address can be made via our website: www.nremt.org

Individuals must notify the NREMT within 30 days of any criminal arrests.

Individuals must notify the NREMT within 30 days of any disciplinary action taken by any state that has resulted in the following:

- Suspension, revocation or probation of state license or certification
- Voluntary surrender of state license or certification while under investigation.

Disciplinary Policy/Revocation of Certification

The NREMT has disciplinary procedures, rights of appeals and due process within its policies. Individuals applying for certification or recertification who wish to exercise these rights may consult the Eligibility, Disciplinary and Appeal Policies.

Audits

The NREMT reserves the right to investigate recertification material at any time. You must retain verification of attendance of all education submitted. Failure to submit documentation when audited will result in denial of eligibility to recertify.

National Registry of Emergency Medical Technicians®
6610 Busch Blvd.
Columbus, OH 43229
614-888-4484
www.nremt.org

The Nation’s EMS Certification™
<table>
<thead>
<tr>
<th>NRP- National Component</th>
<th>30hrs Total</th>
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<tbody>
<tr>
<td>Airway, Respiration &amp; Ventilation</td>
<td>4 total hours</td>
</tr>
<tr>
<td>Ventilation</td>
<td>2 hrs</td>
</tr>
<tr>
<td>Capnography</td>
<td>1 hour</td>
</tr>
<tr>
<td>Advanced Airway Management in the Perfusing Patient</td>
<td>1 hour</td>
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</table>

**Cardiovascular** 10 total hours

**Post-Resuscitation Care** 2 hrs
- Recognition of Return of Spontaneous Circulation
- Oxygenation
- Induced hypothermia (only limited depth and breadth)

**Ventricular Assist Devices** 0.5 hrs

**Stroke** 1.5 hrs
- Assessment
- Oxygen administration
- Time of onset (duration)
- Transport destination
- Fibrinolytics check sheet

**Cardiac Arrest** 2 hrs
- Chain of survival
- Optimal chest compressions
  - Depth, rate, recoil & pause
  - Airway issues in cardiac arrest
  - Hyperventilation
  - Supraglottic vs ETT vs BVM
- Termination decision criteria
  - NAEMSP/AHA Position
  - ETCO2 changes during arrest and ROSC

**Congestive Heart Failure** 0.5 hrs
- Recognition
- Treatment

**Cardiovascular Continued** 10 total hours

**Pediatric Cardiac Arrest** 2.5 hrs
- Optimal chest compressions
  - Techniques
  - Ventilation/Compression ratio
  - Single and 2-Rescuer
  - ALS Management
  - Unique causes of pediatric cardiac arrest (only limited depth and breadth)
    - HOCM
    - Commotio cordis
    - Long QT
    - AHA Channelopathy
- ACS 1 hour
  - 12 Lead Review
  - STEMI imposters

**Trauma** 4 total hours

**CNS Injury** 2 hrs
- Concussion
- ETCO2 monitoring

**Tourniquets** 0.5 hrs

**Field Triage** 1 hour
- Model Uniform Core Criteria (MUCC)
- CDC Trauma Triage Decision Scheme
- Sort, Assess, Lifesaving Interventions, Treatment/Transport (SALT)

**Fluid Resuscitation** 0.5 hrs
- Physiology
- Effects of over-loading

**Medical** 7 total hours

**Special Healthcare Needs** 2 hours
- Tracheostomy care
- Dialysis shunts
- How to deal with patient and equipment
  - Feeding tubes, CSF shunts, etc.
- Cognitive issues

**OB Emergency** 1 hour
- Abnormal presentation
  - Nuchal cord
  - Neonatal resuscitation
  - Routine suctioning of the neonate

**Communicable Diseases** 1 hour
- Hygiene (hand washing, etc.)
- Vaccines
- Antibiotic resistant infections
- Influenza
- Public health – epidemics, pandemics, reporting, etc.
- SIRS versus sepsis versus septic shock
  - Fluid resuscitation
  - Appropriate precautions

**Medication Delivery** 1 hour
- IM vs SC (e.g., epi)
  - Atomized/Nasal

**Pain Management** 1 hour
- NAEMSP recommendations
- AAP pediatric pain management

**Psychiatric Emergencies** 1 hour
- Mental health
- Patient restraint
  - Agitated delirium (only limited depth and breadth)
  - Suicide/Depression

**Operations** 5 total hours

**At-Risk Populations** 1 hour
- Pediatric
- Geriatric
- Economically disadvantaged
- Domestic violence
- Human Trafficking

**Pedictric Transport** 0.5 hrs

**Culture of Safety** 0.5 hrs
- Adverse event reporting
- Medication safety

**Affective Characteristics** 1 hour
- Professionalism
- Cultural competency
  - Changing demographics

**Crew Resource Management** 1 hour

**Role of Research** 1 hour